

SAMPLE PRAYERS

THE OUR FATHER

Our Father, who art in heaven
Hallowed be thy name,
Thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread
and forgive us our trespasses,
as we forgive those who trespass against us;
and lead us not into temptation,
but deliver us from evil. Amen.

THE HAIL MARY

Hail Mary,
Full of Grace,
The Lord is with thee.
Blessed art thou among women,
and blessed is the fruit
of thy womb, Jesus.
Holy Mary,
Mother of God,
pray for us sinners now,
and at the hour of our death.

Amen.

O Holy Spirit, soul of my soul, I adore you.
Enlighten, guide, strengthen and console me; tell me
What I ought to do and command me to do it. I promise
To be submissive in everything that you ask of me
And to accept all that you allow happen to me.
Only show me what is your holy Will.

Lord Jesus Christ, Son of the Living God, I know that you
came into the world to die on the Cross and save me from my
sins. I want to change my life; I want to commit my heart, my
soul and my mind to you. I invite you into my life right now. I
want you to be my personal Saviour, the Lord of my Life.
Come Lord Jesus, into my heart. Clean the rubbish out of my
life. Fill me with your Holy Spirit. Wash me clean and turn my
life around so that I can live for you. Amen.

Father, I abandon myself into your hands; do with me what
you will. Whatever you may do, I thank you: I am ready for all,
I accept all. Let only your will be done in me, and in all your
creatures - I wish no more than this, O Lord. Into your hands I
commend my soul; I offer it to you with all the love of my
heart, for I love you Lord, and so need to give myself, to
surrender myself into your hands, without reserve, and with
boundless confidence, for you are my Father. Amen.

Lord, make me an instrument of your peace;

Where there is hatred, let me sow peace;
Where there is injury, let me sow pardon;
Where there is doubt, let me sow faith;
Where there is despair, let me give hope;
Where there is darkness, let me give light;
Where there is sadness, let me give joy.

O Divine Master, grant that I may not try to be comforted, but to comfort;
Not try to be understood, but to understand
Not try to be loved, but to love.
Because it is in giving that we receive,
It is in forgiving that we are forgiven,
And it is in dying that we are born into eternal life. Amen

Remember, O most loving Virgin Mary, that never was it known that anyone who fled to your protection, begged your help, or looked for your prayers, was left unaided. Therefore, full of confidence, I fly to you, O Virgin of virgins, my Mother; to you I come, before you I stand, sinful and sorrowful; O Mother of the Word made Flesh, refuse not my prayers, but in your loving mercy hear and answer me. Amen

Lord Jesus, I offer you my whole day;

my work, my hopes and my fight against sin,
my joys and my sorrows. Give me and all my fellow workers
The grace to think like you, to work with you, to live with you
Make me love you with all my heart and serve you with all my strength. May your kingdom come in all our factories, all our shops, all our farms and in all our homes. May you be better known, better loved and better served. May those of us today who may be tempted to leave you by sin, remain in your grace. Amen.

Prayer of St Michael

Holy Michael the Archangel, defend us in the day of battle.
Be our safeguard against the wickedness and snares of the Devil. May God rebuke him, we humbly pray, and do thou, O

Prince of the Heavenly Host, by the power of God, thrust into hell Satan and all the evil spirits who wander through the world for the ruin of souls.

The Angelus (traditionally said at 7am, 12 noon and 6pm each day)

V. The angel of the Lord declared unto Mary
R. And She conceived of the Holy Spirit

Hail Mary

V. Behold the handmaid of the Lord
R. Be it done unto me according to your word.

Hail Mary

V. And the Word was made flesh
R. And dwelt among us

Hail Mary

V. Pray for us O Holy Mother of God
R. That we may be made worthy of the promises of Christ

Let us pray – Pour forth, we beseech you, O Lord, your grace into our hearts, that we, to whom the Incarnation of Christ, your Son, was made known by message of an angel, may by His passion and Cross be brought to the glory of His Resurrection, through the same Christ, our Lord. Amen. May the divine assistance remain always with us and may the soul of the Faith Departed through the mercy of God rest in peace. Amen

Fatima Prayer (to be said at the end of each decade of the Rosary)

O my Jesus, forgive us our sins, save us from the fires of hell, lead all souls to Heaven, especially those most in need of Thy mercy. Amen.