Some young Christians were attending an international summer camp. One of the projects set before them was to discuss and explore ideas for spreading the Gospel. The discussion was wide and varied. It included the use of television and radio programmes, newspaper articles, magazine notices and so on. Finally, when they were out of ideas, an African girl stood up and gave her opinion: ‘In my country, when we think that a pagan village is ready for Christianity, we don't send books and missionaries. We send them a good Christian family. The family’s example is a more powerful proclamation of the gospel than all the books in the world.’

Soon after celebrating the Birth of Jesus, it is only fitting that we celebrate the Feast of the Holy family. Jesus, like all mortals, needed the warmth, security and closeness of a family unit to grow and develop as a person.

From today's reading Mary and Joseph had pressures imposed on them from the outset. For a start they seemed to be constantly on the move. I was reading recently that its 93 miles from Nazareth to Bethlehem. For a pregnant woman, that journey would have been very hazardous. And then, of course, the long trek to Egypt with the baby would have been even more precarious. Migrant families today escaping from war or famine can find solace, inspiration and help from the Holy Family who went through a similar experience.

Today's Reading says that Mary, Joseph and Jesus settled down in a town called Nazareth. Families, and especially children, need a settled environment in order to grow and develop as persons. Instability in family life which can lead to its breakup is harmful to children in the long run. Broken homes fuel childhood worries. In today's 'nuclear' family the traditional ties between the immediate and extended family have become rather tenuous. This is a fact of modern living but it's not making family life any easier.

Herod was hell bent on decimating the Holy Family. He symbolises all those dark forces at work in our society which militate against family cohesion. Recently the Holy Father said: 'Those who undermine the fundamental role of the family cause a deep wound to society which is often impossible to repair'. Referring to life styles which militate against Christian marriage and the family the Pope says: 'The Church opposes
legislation that permits marriage other than between a man and woman because in the eyes of God only a man and woman can get married. Also proponents of the 'gender theory', very much in the news these days, do family life no favours when they peddle the false notion that male and female genders are interchangeable and not grounded on the God-given attributes specific to men and women. And again he says: 'The family based on marriage between a man and woman is a natural and irreplaceable institution and is fundamental towards the common good of every society'.

The term 'dysfunctional family' is often used rather glibly. It seems to refer to them and not us. To a certain extent there are dysfunctional elements in every family. Families with faith, however, will be able to 'ride any storm' when things get difficult. They will rely on the grace of God given through the Sacrament of Marriage.

So, as the New Year approaches, let us dedicate and consecrate our home life to the Lord and through the intercession of Mary and Joseph, may family life be constantly renewed in the likeness of the Holy Family of Nazareth.