

An Examination of Conscience for Children using The Lord's Prayer.

Our Father who art in heaven, hallowed by Thy name.

- *Do I thank God?*
- *Do I say my prayers?*
- *Do I go to Mass on Sunday's and holidays?*

Thy kingdom come, Thy will be done on earth as it is in heaven.

- *Am I kind to others?*
- *Do I share with others?*
- ***Do I help out at home?***
- *Do I listen to Mum and Dad and do what they ask me?*
- *Do I show respect to my teachers and classmates?*

Give us this day our daily bread

- *Do I remember to say thank you?*
- *Am I sometimes greedy?*
- *Do I appreciate the good things I have in my life?*
- *Do I think of ways to help those who have no food?*
- *Do I take things that don't belong to me?*

Forgive us our trespasses as we forgive those who trespass against us.

- *Do I say I'm sorry when I have been wrong?*
- *Do I get back at people whom I don't like.*
- *If my friends fall out do I help them to be friendly again or do I cause more trouble?*
- *Do I say bad things about people who are not nice to me?*

Lead us not into temptation, but deliver us from evil

- *Do I play fairly in sports and games?*
- *Do I cheat in school?*
- *Do I tell the truth?*
- *Do I let other kids tempt me to do things I know I shouldn't do?*

